



MindWay Psychology Ltd.

**Phillip Louw**

REGISTERED COUNSELLING PSYCHOLOGIST

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Hamilton, New Zealand

## **REGISTRATION FORM**

**BWRT® Level 1 Training Online**

**25-27 November 2022 (08:30-16:30)**

**Name:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_

**Profession:** \_\_\_\_\_

**Professional Reg. No.:** \_\_\_\_\_

**Emergency Contact: (person)** \_\_\_\_\_

**(number)** \_\_\_\_\_

**Business Name (for invoice):** \_\_\_\_\_

**Cost: \$950 (up until 25 October 2022); \$1900 (after 25 October 2022)**

I have read the contents of the below information sheet (pages 2 and 3) as well as the Training Terms and Conditions document. I agree with the contents, including the cancellation policy, and agree to abide by the terms and conditions as outlined.

Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Please email this completed form, along with proof of your current registration/proof of current full membership of governing body (screenshot/photo/scanned copy), back to [phillip@bwrt.co.nz](mailto:phillip@bwrt.co.nz) or [info@bwrt.co.nz](mailto:info@bwrt.co.nz).

Once the above forms have been received, an invoice will be sent. Only once the training fee has been paid, will your place be secured.

## **BWRT® Level 1 Training Details**

### **The Trainer:**

Phillip Louw is a Hamilton-based registered Counselling Psychologist. He completed his professional training at the University of the Witwatersrand in South Africa. He has experience working in private practice, NGO and Correctional environments. Phillip has extensive training and experience in working therapeutically with a wide range of client populations. He has training and experience in working within multiple therapeutic modalities including cognitive-behavioural therapy, modern psychodynamic therapies, positive psychological therapies, such as mindfulness-based therapies, as well as neuropsychological therapies, such as BrainWorking Recursive Therapy (BWRT®).

Phillip trained in BWRT® Level 1 & 2 in 2015 and Level 3 in 2017. He is a certified Level 1 & 2 Practitioner. Phillip is an Approved Supervisor and Trainer of the Terence Watts BWRT® Institute.

### **Who may attend this training:**

This training is open to mental health professionals, predominantly registered psychiatrists, psychologists, counsellors and psychotherapists. You need to have a current practicing certificate (or equivalent) and you need to have an active full membership with a professional body that has oversight over practice and that has an ethics code. You need to have been practicing for at least two years post-registration. Experience in working with mental health conditions as well as knowledge and experience in formulation and treatment planning are prerequisites.

### **What this 3-day online “classroom” training covers:**

- A brief history of BWRT® and its development
- The theory behind BWRT®, how it works and understanding the brain through a BWRT® lens (including making links to current neuroscience research)
- What presenting problems BWRT® Level 1 can address
- Working with BWRT® – the two main protocols
- Using BWRT® within a larger treatment framework
- Troubleshooting: When BWRT® does not work
- Other considerations, certification and keeping up to date with the newest developments in BWRT®
- Experiential practice: The training is geared toward giving you enough confidence using BWRT® so that you can use it with clients the next day after completion. Therefore there will be ample demonstrations and a great deal of practice of the technique.

### **What is included in your training fee:**

- A pdf copy of the BWRT® manual with all information covered in the training (and additional material).

- Final assessment

Please note the following:

- This is not a passive training where you can merely attend. The training is highly experiential and participants are expected to engage in the practice. Active engagement, including with audio and video feeds on, is an expectation.
- Participants will be practicing in pairs in virtual “break-out rooms” and therefore participants would need to attend all of the training and be engaged in all of the training.
- Lack of engagement of one participant will negatively influence the training experience of other participants.

Certification

**Option 1:** If you want to become a “Registered BWRT Practitioner”, you will have to complete the assessment (both oral and written parts) within **two months** of completing the Level 1 training. There is no extra charge for this but you must satisfy the assessor of your ability before your Professional Assessment Certificate will be issued. You can then register as part of the Terence Watts BWRT® Institute, which at the time of finalizing this document charges an annual fee of £100.

**Option 2:** If you simply want to use the technique with your clients – you will still need to pass the assessment but then be able to state that you have trained to BWRT® Level One if you do not become part of the institute. You will not be listed as a registered practitioner in the Terence Watts BWRT® Institute database and therefore must not advertise yourself as such and there will be no annual fees. Please note, if you want any additional material or intend to do further training, you have to have passed the assessment.

Cancellation

All cancellations must be received in writing (email cancellations are acceptable). You may cancel your booking within 7 days of payment for a full refund of fees. After this period and until 7 days before the commencement of the course there will be an administration charge of \$50. Cancellations made within 7 days of the course start date are not eligible for a refund.

Please note: Due to the costs involved in running this training, a minimum number of participants are required. MindWay Psychology reserves the right to cancel the training as well as change details of the training including the venue, trainer and course content. In the event of any above mentioned changes, participants will be notified at least **one calendar month** before the training date.

Please note that MindWay Psychology will not take responsibility for any loss resulting from non-refundable airline tickets or accommodation costs due to cancellation of training. Participants are urged to purchase travel insurance covering cancellation of events. If the training has to be cancelled due to Covid-19-related change in restrictions, affected participants will have their full training fee (\$1425 or \$1900) refunded. Please note that due to the training being online, it is unlikely that I as trainer would need to cancel the training. In the unlikely circumstances that I both contract Covid-19 during this period AND I am too sick to deliver the training, the training might need to be cancelled.